

Youth Forum

Minutes of a meeting of the Youth Forum held at Guildhall on Thursday 17 February 2022 at 10.00 am.

Present Lissy Startin-Ashley (Youth Chair, NA), Morcea Walker (Adult co-

chair), Kayla Sibanda (WPS), Nicole McCreadie (CS), Hannah Byrne (KC), Lochie Dow (NSB), Jessica Kwarteng (CCS), Honey Yakuub (NSB), Ruva Kumpane (NSB), Oriana Cricklevit (NSG), Michaella

Macauley (WPS)

Apologies Councillor Anna King, Kamron Ali (KC), Sofia Mattacola-Westley (CS),

for Tracy Wobil (NSG), Thomas Whitford (Independent), Councillor Fiona

Absence: Baker

Officers: Aimee Luck (WNC – facilitator), Amy Midson (WNC -support)

10. Welcomes, Introductions and Apologies

Aimee welcomed everyone to the Youth Forum and went over housekeeping. Everyone introduced themselves and which school they represent.

Cllr Fiona Baker, Cabinet member for Children, Families and Education is keen to engage with the Youth Forum but has had to send apologies for this meeting. Aimee to meet with and update Cllr Baker.

11. Code of Conduct

12. Icebreakers with NAYC

The forum split into two teams and John set a challenge to build the tallest tower using marshmallows and sticks. Both teams created interesting structures and gave excellent arguments for why theirs was the best.

The second challenge was a lava game using paper to cross from one side of the room to the other

John talked about NAYC and opportunities for forum members to join the residential trips and emerging leaders programmes.

Action: Aimee to share details from John with group.

13. **HMD Youth statements playback**

Aimee played the Youth Forum section of the Holocaust Memorial Day video to everyone. You can watch the video here!

14. Short tour of the Guildhall

Lissy and Morcea took the newer members on a short tour of the Guildhall.

Action: Aimee to pass the details of next week's Cabinet meetings to forum for anyone who would like to join – Aimee/Morcea will be available to attend.

15. Lunch break

16. Minutes of Previous Meeting

Flipchart activity: In groups the forum discussed what they think being part of the youth forum means, what their role is and what they want to get out of participating.

- Making one change in Northampton
- Make sure young people are heard represent
- Unify people in Northampton doesn't feel like a whole community.
- Teamwork and leadership skills
- Learning about politics

Morcea commented on the limit of schools engaged and will speak to those missing.

Forum agreed the Memorandum of understanding

Lissy took the group through last minutes after lunch and updates were given on the actions.

17. Action Plans

Lissy walked the Forum through the previous action plan. The forum split into groups to discuss their priorities for the action plan and what they want to focus on this year and recorded these on flip chart.

Action: Aimee to type up the new action plan. This is a working document and can be added to throughout the year.

18. Market Square Consultation

Unfortunately, the consultation is not yet live. Aimee will circulate information and consultation link when available.

Group agreed they will want to feed through recommendations from the Perspectives report into the consultation. **Action: Aimee to share the Perspectives report again to group for reference.**

19. **Overview and Scrutiny**

James joined us to explain the overview and scrutiny process. Scrutiny is a democratic process where a group of Councillors explore an issue and seek to understand; what services are being delivered, how effective these are, and any improvements that might be made. They will consider a range of perspectives with a view to producing recommendations to decision makers.

Scrutiny would like to engage the Youth Forum around the topic of Child Mental Health and Self Harm. The Forum will be invited to a virtual meeting with the 8 councillors to share their thoughts and views on the subject in March/April. Forum agreed this would be a good piece of work to participate in and discussed mental health education and support at their own schools.

Action: All young people to speak to their schools/peers and gather information on the topic to feedback at full council. Please consider speaking to your teachers about this and ask for their support to collate any anonymous feedback from students.

Forum discussed the topic and raised a range of mental health issues for young people including disordered eating. They also spoke about teacher training around mental health and were interested to know more about Mental Health first aid courses.

20. **Community Safety Mapping**

Moved to end of agenda due to time.

Members discussed spaces in the town centre and where they live where it feels safe/unsafe and why.

Issues raised around inappropriate and scary behaviour on buses towards girls.

Aimee will continue to collate information from forum and other young people and feed into neighbourhood working groups/explore actions to help resolve issues and feedback to group over time.

21. Items for Future Meetings

- Homelessness
 - Lochie raised the number of tents seen and what is being done around Homelessness. Aimee spoke briefly about the 'Everyone In' campaign that got people off the street and into hotels/housing throughout the pandemic but suggested an officer from the department come and talk more in depth about what is being done. Forum Agreed.
- Food sustainability/Food poverty. Forum are interested in what is happening
 with food that is not sold and how this is being used to help homeless or
 people in poverty.

Action: Aimee to invite Robin Burgess (WNSFN) to future meeting. Action: Aimee to explore opportunity to visit Sikh Centre in St James/voluntary work with Food bank.

• Sex Education in schools

Nicole and Hannah suggested really good practice taking place in their schools. Others felt that it was down to the teacher alone and could be hit or miss and very heteronormative. The Forum would be keen to help create a resource/share good practice with all schools.

Action: Aimee to invite someone from Education to discuss further. Action: Hannah and Nicole to ask school for Sex Education lesson information to share with the forum.

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- International Youth Day
 Lots of initial ideas being discussed. Aimee to include a full agenda item for
 next meeting to plan the event.
- Youth Social Media account as a place to share youth services/activities and events. Action: Aimee to explore with council and comms.

22. Date of Next Meeting

Thursday 7 April, 10am to 3pm Guildhall, Court Room.

The meeting closed at 15:00